

patients. We evaluated the stage migration effect on prognosis by comparing the outcome of "SLN-N0" patients to N₀ breast cancer patients that were treated in the "pre-SLN" era.

Method: Two groups of patients were evaluated: a prospective cohort of 245 consecutive patients that were staged as N₀ based on pathological assessment (HE and IHC-staining) of the SLN, and a cohort of 182 patients treated before 2000 for unifocal cancers and staged as N₀ based on axillary lymph node dissection (ALND) specimens. Patients who had chemotherapy (in the SLN group) and patients who would nowadays have had chemotherapy (in the ALND-group) were excluded. Median follow-up was 4 years for the SLN-group and 9 years for the ALND group.

Results: The SLN group and the ALND group were comparable for tumor size, the proportion of high grade cancers and the proportion that received hormonal therapy.

2- and 4-year cumulative overall survival was 95 and 91% for the ALND group and 98 and 93% for the SLN group (P=ns). 2- and 4-year disease free survival was 93 and 86% for ALND-group and 97 and 91% for the SLN group (P = 0.1).

Conclusion: Stage migration appeared to have an effect on prognosis. Although not statistically significant, patients who were staged as N₀ based on SLN assessment seemed to have more favorable disease free survival.

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POSTER

Clinical implications of the MDR1 1236C>T polymorphism: influences on doxorubicin pharmacokinetics and myelosuppression in Asian breast cancer patients

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Background: This exploratory study aims to identify predictive biomarker polymorphisms in the ABCB1 gene and their relation to doxorubicin pharmacokinetics and pharmacodynamics in Asian breast cancer patients undergoing adjuvant chemotherapy.

Methods: Patients (N = 32) who have had curative surgery for histologically confirmed Stage I to III breast cancer were recruited. Doxorubicin was administered at 60 mg/m² and cyclophosphamide at 600 mg/m² every 3 weeks. DNA was extracted from the blood lymphocytes for analysis of the 1236C>T, 3435C>T and 2677G>T/A polymorphisms in the MDR1 gene. The incidence of treatment related toxicities were recorded. The nonparametric Mann-Whitney U test was used to detect significant differences between paired groups and the Kruskal-Wallis test to assess genotypic-phenotypic correlations.

Results: The median age was 48.5 years (range 31.2–66.8). Majority were Chinese (84%); 12.5% Malays and 3.1% were Eurasian. Patients harboring the reference genotype for the 1236C>T polymorphism were found to have significantly lower exposure levels to doxorubicin compared to patients who were heterozygous [CC vs. CT, AUC_{0-inf}/dose/BSA(h^{1.75}m⁻⁵): 10.95±3.9 vs 22.10±5.7, P=0.0001] or carried the homozygous variant allele [CC vs. TT, AUC_{0-inf}/dose/BSA(h^{1.75}m⁻⁵): 10.95±3.9 vs 19.01±5.8, P=0.011]. The exposure levels for doxorubicinol were also significantly lower in patients who had the reference genotype when compared to the patients who were heterozygous [AUC_{0-inf}/dose/BSA(h^{1.75}m⁻⁵): 7.04±2.6 vs 11.60±3.4, P=0.011] or of the variant genotype [AUC_{0-inf}/dose/BSA(h^{1.75}m⁻⁵): 7.04±2.6 vs 11.59±4.1, P=0.019]. The presence of at least one T allele was associated with an approximately 5-fold odds ratio of developing grade 3/4 febrile neutropenia [CC vs CT+TT; OR = 4.8, 95% CI: 0.5 to 45.5]. No significant correlations were observed between 3435C>T and 2677G>T/A polymorphisms and pharmacokinetics of doxorubicin and neutropenia.

Conclusions: The present exploratory study showed that the 1236C>T MDR1 polymorphism may influence doxorubicin pharmacokinetics and is a potential predictive biomarker for severe myelosuppression in patients on adjuvant chemotherapy. Accrual is ongoing.

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POSTER

Saline instillation into the cavity after conservation surgery for breast cancer is a safe way of improving cosmesis

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Background: To demonstrate that saline instillation is a safe and simple procedure for volume replacement after wide local excision in breast surgery.

Materials and Methods: We performed a pilot study over a 12 month period at the Chase Breast Unit. 106 patients who underwent wide local excision for breast cancer had saline instilled into the surgical cavity at

the time of wound closure. This was to maintain the volume and shape of the breast after removal of significant amounts of tissue. 75 mg of local anaesthetic (10 mls Ropivacaine hydrochloride 7.5 mg/ml) was added and included in the volume. We measured the volume instilled and monitored the wound and breast post-operatively at 1 week, 2 weeks and 3 months. As is our normal practice, all patients had peri-operative antibiotics.

Results: The volume of fluid instilled varied between 30–180 mls. The weight of tissue removed was in the range of 12–116 gms. The fluid was retained within the cavity. However, in one case the wide local excision cavity unexpectedly communicated with the axillary clearance cavity and all the fluid was evacuated spontaneously through axillary suction drain with a resultant visible reduction in the volume of the breast. There were no complications of saline instillation. In particular, there was no early or late infection in any of the 106 patients. None of the patients reported any additional discomfort or pain. There were no visible abnormalities apart from a subjective enhancement in the shape and volume of the breast. This improvement in shape and volume was maintained for the entire length of assessment (3 months).

Conclusions: Saline instillation is a simple and safe method of replacing volume after removal of significant amounts of breast tissue. Surprisingly, the benefits seem to persist. We are now proceeding to fully evaluate this technique in a formal prospective trial.

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POSTER

Efficacy in terms of local control, cosmetic outcome and late toxicity in 536 women treated with interstitial brachytherapy boost for breast conserving therapy

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Background: The aim of this study is to report local control, cosmetic outcome and late toxicity in women with early breast cancer treated with brachytherapy boost after external beam irradiation following breast conserving surgery.

Materials and Methods: During 1980–2000, 536 women received tumor bed boost with brachytherapy after external beam radiation therapy. The median pathological T size was 3 cm and the lymph nodes were positive in 198 (37%) women. Adjuvant chemotherapy was given to 228 women while 85 received adjuvant hormonal therapy. Three hundred and eighty three women were treated with low dose rate brachytherapy (LDR) to a dose of 15–20 Gy and 153 received high dose rate brachytherapy (HDR) to a dose 10 Gy (optimised) in single fraction. The median follow up for the entire group was 52 months.

Results: Actuarial 5 year local control rate was 90% for LDR group and 92% for the HDR group. Cosmesis at the last follow up was good or excellent in 83% women. Post radiation worsening of cosmesis was observed in 11.5% women and was similar in the 2 boost groups. Moderate to severe late breast sequelae were observed in 22% women in the HDR group and was significantly higher 12% in the LDR group (p=0.002). Fibrosis was the most common late sequelae of radiation and 14% women had moderate to severe fibrosis in HDR group as compared to 7% in the LDR group (p=0.01). Other late sequelae included breast oedema observed in 6% women in the HDR group and 4.5% women in the LDR group.

Conclusion: The local control was comparable for LDR and HDR brachytherapy boost. Type of tumour bed boost did not have a significant impact on worsening of cosmetic outcome. The late breast sequelae were however significantly higher in women treated with single fraction HDR implant.

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POSTER

Clinical impact of upfront adjuvant AI therapy on the early risk of recurrence

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Background: In postmenopausal women (PMW), most early breast cancer (BC) is hormone-dependent (HD), with a very heterogeneous natural history. During the first 2 years post surgery, there are more distant metastases (DM) events than locoregional or contralateral BC events. DM account for approximately 75% of all recurrences in patients taking

tamoxifen (TAM) and are associated with reduced survival. Reducing circulating estrogen levels may inhibit the growth of micrometastatic disease.

Methods: ATAC and BIG 1-98 are two trials evaluating the efficacy of adjuvant aromatase inhibitors (AIs) vs TAM in PMW with HD BC. BIG 1-98 is the only randomized phase III study comparing 5 years monotherapy with either TAM or letrozole (LET), and the sequential administration of both agents in either order. Efficacy results from the BIG 1-98 primary core analysis (PCA) at 26 months follow-up (FU) and monotherapy arms analysis (51M) at 51 months FU are presented. The PCA includes events in the monotherapy arms and in the sequential-treatment arms until 30 days post treatment switch (n = 8010). The 51M compares the 2 monotherapy arms (LET vs TAM for 5 years) (n = 4922).

Results: Compared with TAM, LET significantly reduced DM risk by 27% (P = 0.0012) in the PCA and by 19% (P = 0.03) in the 51M analysis. Populations from the PCA and 51M differ, and the impact of LET is greater in the PCA on the subgroup of patients with high risk of early recurrence (EaR). The ATAC and BIG 1-98 trials show that DM account for about two thirds of recurrences. In ATAC, at 2.5 years median FU, there were 7% fewer DM with anastrozole (ANA) vs TAM, while in the BIG 1-98, a pronounced impact on the early risk of DM was already seen at 2 years in patients treated with LET.

Conclusions: Differences between PCA and 51M results may be due to the natural history of early vs late risk of DM in HD BC. ANA and LET prevent EaR more effectively than TAM, but only LET appears consistently effective at reducing DM events at both 2.5 and 5 years. This observed difference in indirect comparison with ANA may be due to the greater suppression of estradiol by LET over ANA in HD BC. The FACE trial, comparing LET vs ANA in the initial adjuvant setting, should provide definitive results regarding differences between these two AIs.

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POSTER

Impact of sentinel lymph node biopsy before mastectomy and immediate reconstruction in predicting post mastectomy adjuvant radiotherapy. Does it improve the choice of the reconstruction?

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Background: Adjuvant post-mastectomy radiotherapy (RT), which is often unpredicted, is known to negatively affect the cosmetic outcome of immediate breast reconstruction (IBR).

Aim: To investigate the role of sentinel lymph node biopsy (SLN) in predicting RT and improving the choice of IBR.

Patients and Methods: All patients who had mastectomy and IBR between January 2004 and January 2007 were reviewed retrospectively. Axillary staging (clearance, sampling or SLN) was performed at the same time until October 2005 (Group1), when the unit's protocol was changed to perform SLN initially prior to mastectomy and reconstruction (Group2). Patients with positive SLN offered only a temporary sub pectoral tissue expander, while all options were offered if SLN was negative.

Results: 131 patients were reviewed (139 IBR). 20 patients had no axillary staging (DCIS, prophylactic mastectomy and phylloids tumour). 20 patients received unexpected RT in group1 (14 tissue expander, 4 LD with implant and 2 Free flaps) compared to 11 patients in group 2 who had a temporary tissue expander due to expected RT (P = 0.044).

	Group1 (67 IBR)	Group2 (72 IBR)
Axillary staging		
Clearance	47	19
Sampling	1	2
SLN	5 ^a	45 ^b
None	14	6
Reconstruction type		
Tissue Expander	33	35
LD/implant	16	6
LD	1	4
Free Flap	17	27

^a2 patients had SLN biopsy and clearance. ^b7 patients had SLN biopsy and clearance.

Conclusion: SLN biopsy before IBR helps to predict RT and avoids its negative cosmetic effect on breast reconstruction. Patients with positive SLN biopsy are best offered a temporary sub pectoral tissue expander for IBR.

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POSTER

Biological effect of intraoperative boost with 50 kV X-rays in combination with external beam radiotherapy in early breast cancer

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Background: Intraoperative radiotherapy (IORT) with 50 kV X rays from a miniature X-ray machine (INTRABEAM[®]) is given as a boost to the tumour bed in one arm of the randomised TARGIT trial. Early clinical data showed a low incidence of fibrosis for the IORT boost combined with external beam radiotherapy (EBRT). The purpose of the present work was to model the risk of normal-tissue reaction and tumour recurrence as a basis for interpreting the clinical data.

Materials and Methods: Spherical applicators are used for tumour-bed irradiation with Intrabeam. The relative biological effectiveness (RBE) of 50 kV X rays was modelled based on the radial dose distribution using the linear-quadratic (L-Q) formalism including repair (Herskind et al. Radiat. Res. 163: 208-15, 2005). The dose of reference radiation was calculated from the physical dose distribution and the RBE and then converted to the equivalent dose of fractionated irradiation. The spatial distribution of risk of subcutaneous fibrosis and risk of recurrence were estimated from published clinical dose-response data.

Results: Fibrosis after irradiation with 50 kV X ray to the tumour bed alone is predicted to be confined to 3-4 millimeter depth of the tissue. The actual depth is likely to be smaller owing to the volume effect. However, when combined with 23x2 Gy EBRT to the whole breast, modelling calculations predicted a nearly 100% risk of fibrosis up to 10 mm depth or greater. The increased risk is related to the steep dose-response relationship for normal-tissue reaction. Clinically, however, moderate fibrosis of the tumour bed at 18 months follow-up was observed in only 8/70 (11%) of patients receiving IORT as a boost combined with EBRT. To study individual genetic factors influencing radiation-induced fibrosis, fibroblast cultures from unirradiated skin are being established within the GENEPI project. To date more than 50 patients from the IORT+EBRT group have been included. Modelling the risk of recurrence showed an advantage of combined treatment compared with conventional 25x2 Gy EBRT at up to 25 mm depth of the tumour bed.

Conclusions: The predicted risk of recurrence is consistent with the low recurrence rates observed clinically at early follow-up. By contrast, the observed rate of clinical fibrosis at 18 months was much lower (9-fold) than predictions. Although the rate may increase with longer observation time, we speculate that biological processes associated with surgery may render the late effects of the IORT boost and postsurgical EBRT subadditive.

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POSTER

Comparison of cost-effectiveness of aromatase inhibitors letrozole, anastrozole or exemestane versus tamoxifen for early breast cancer in hormone receptor-positive postmenopausal women: Canadian perspective

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Background: In postmenopausal women with early breast cancer, five years of letrozole (LET) or anastrozole (ANA), or sequential treatment with exemestane (EXE) following 2-3 years tamoxifen, is clinically superior to five years tamoxifen (TAM). Previous studies have assessed the economic impact of LET, ANA or EXE vs. TAM, separately. This analysis compares the cost-effectiveness of the aromatase inhibitors vs tamoxifen using the same health economic model from the Canadian perspective.

Methods: A Markov model was used to estimate the incremental cost per quality-adjusted life year (QALY) gained with initial adjuvant therapy with LET, ANA and EXE vs TAM. Probabilities of disease progression and adverse events were estimated using data from the BIG 1-98, ATAC and IES studies. Costs of breast cancer care and treatment of side effects, and health-state utilities were obtained from published studies. Costs and QALYs were estimated over the lifetime of a cohort of HR+ postmenopausal women with early breast cancer, aged 61 years at initiation of adjuvant therapy, and discounted at 5% annually.

Results: The incremental cost per QALY gained is \$Can23,684 for letrozole vs tamoxifen, \$Can29,433 for anastrozole vs tamoxifen and \$Can28,932 for Exemestane vs tamoxifen. The deterministic sensitivity analyses suggest that the model results are most sensitive to the observed hazard ratios for breast cancer events. A larger impact on the results was also noted for older patients, primarily due to the higher general mortality rate that reduces the scope for benefit from the prevention of breast cancer events. The cost-effectiveness acceptability curve derived from the reference case analysis indicates that there is a 99% probability that the true incremental